

UČNI NAČRT PREDMETA / SUBJECT SPECIFICATION

Predmet:	Izbrane vsebine in novosti v biofiziki in medicinski fiziki
Subject Title:	Selected Topics and Novelties in Biophysics and Medical Physics

Študijski program in stopnja Study programme and cycle	Študijska smer Study option	Letnik Year of study	Semester Semester
Dentalna medicina/Dental Medicine 2. stopnja/2nd cycle		1	1., 2.

Vrsta predmeta / Course type

Izbirni/Elective

Univerzitetna koda predmeta / University subject code:

Predavanja Lectures	Seminar Seminar	Vaje Tutorial	Klinične vaje Clinical training	Druge oblike študija Other forms of study	Samost. delo Individual work	ECTS
5	40				45	3

Nosilec predmeta / Lecturer:

red. prof. dr. Marko Marhl

Jeziki /
Languages:

Predavanja / Lecture: slovenski/ Slovene

Vaje / Tutorial:

Pogoji za vključitev v delo oz. za opravljanje študijskih
obveznosti:**Vsebina:**

Definirani so vsebinski sklopi, znotraj katerih si študentje izberejo posamezne tematike, ki jih preštudirajo in jih nato predstavijo ostalim študentom ter z njimi diskutirajo. Predvidoma se na enem srečanju obravnava en sklop oz. podsklop, ki predstavlja vsebinsko celoto. Vsebinski okvir je fleksibilen in se lahko priredi skupini, ki bi želela modificirati, zamenjati ali dodati nov sklop oz. nove sklope s področja biofizike, biotehnologije ali medicinske fizike.

Vnaprej pripravljeni vsebinski sklopi:

Dinamični sistemi v biologiji in medicini: pozitivne in negativne (regulacijske) zanke, nelinearnost, fluktuacije, kaos; pomen kaosa v fiziologiji in patološke spremembe (npr. bitje srca).

Content (Syllabus outline):

Different topics are proposed for the seminars. Students select particular topics, prepare the presentations for other students, and stimulate discussions. In principle, one topic or a larger part of it is discussed during one seminar. The proposed framework of the seminar topics is flexible and can be adjusted to the needs and interest of a seminar group; it is possible to modify, exchange or add a new topic in the field of biophysics, biotechnology, or medical physics.

Proposed seminar topics:

Dynamical systems in biology and medicine: positive and negative (regulatory) feedback-loops, non-linearity, fluctuations, chaos; the role of chaos in physiology and pathology (e.g. heart beating).

Kalcijeva signalizacija: pulzi in oscilacije koncentracije prostega kalcija v celicah; pomen kalcijeve signalizacije za regulacijo celičnih procesov (npr. kontrakcija mišične celice, delitev celice, eksocitoza) in medcelično signalizacijo (npr. sinhronizacija celic).

Deterministično in stohastično modeliranje metabolnih procesov: npr. glikolitske oscilacije, encimske reakcije.

Mreže: mreže v naravi in družbi, mreže malega sveta, sodobne raziskave fizioloških procesov s teorijo mrež (npr. medcelično povezovanje celic beta v trebušni slinavki in izločanje insulina).

Teorija iger: npr. rakave celice in oživitev Warburg efekta in Crabtree efekta (močno povečana citiranost teh del v zadnjem času).

Fraktali: fizikalna razlaga optimizacije drevesnih struktur; npr. optimizacija strukture ožilja in angiogeneze, drevesna struktura pljuč, pomen fraktalov v diagnostiki.

Samoorganizacija in samoorganizacijska kritičnost: pomen samoorganizacije za normalno delovanje in patologijo možganov in srca; klinične aplikacije pri srčnih spodbujevalnikih.

Skaliranje v naravi: fizikalne omejitve površin in volumnov celic, metabolizem velikih in malih organizmov, Kleiberjev zakon, novosti na področju prokaritskih celic.

Molekularni motorji: npr. ATP-sintaza.

Ionizirajoče sevanje in interakcija s tkivom človeka: primerjava doz sevanj v klinični praksi (npr. rentgen zoba) z dozami iz vsakdanjega življenja (npr. polet čez Atlantik).

Sodobne eksperimentalne metode v diagnostiki in terapiji: npr. CT-rentgen, PET, SPECT, MRI, termografija, endoskopija.

Uporaba velikih količin podatkov (»big data«) v medicini: vloga fizike in bionformatike v obravnavi velikih količin podatkov za potrebe sodobne diagnostike in personalizacije medicine.

Calcium signalling: pulses and oscillations of free calcium concentration in cells; the role of calcium signalling in regulation of cellular processes (e.g. muscle cell contraction, cell division, exocytosis) and intracellular signalling (e.g. synchronisation of cells).

Deterministic and stochastic modelling of metabolic processes: e.g. glycolytic oscillations, enzyme reactions.

Networks: networks in nature and society, small-world networks, current research of physiological processes with the network theory (e.g. intracellular connections between beta cells in pancreas and insulin secretion).

Game theory: e.g. cancer cells and revitalization of Warburg effect and Crabtree effect (a dramatic increase of the citations in the last years).

Fractals: physical explanation of optimization of tree-like structures; e.g. optimization of vascular structure and angiogenesis, tree-like structure of the lung, role of fractals in diagnostics.

Self-organization and self-organized criticality: the role of self-organization in physiology and pathology of brain and heart functioning; clinical applications for pacemaker devices.

Scaling in nature: physical constraints of the cellular surface and volume, metabolic rates of big and small organisms, Kleiber's law, recent studies on prokaryotic cells.

Molecular motors: e.g. ATP-synthase.

Ionizing radiation and interaction with human tissue: comparison of doses in clinical practice (e.g. RTG of teeth) with the doses in everyday life (e.g. a flight across the Atlantic).

Sophisticated experimental methods in diagnostics and therapies: e.g. X-ray CT, PET, SPECT, MRI, thermography, endoscopy.

Big data in medicine: importance of physics and bioinformatics for the analyses of big amounts of data for the purposes of modern diagnostics and personalized medicine.

Temeljni literatura in viri / Textbooks:

- J. Newman: Physics of the Life Sciences, Springer Science+Business Media, LLC, 2008.
- I. P. Herman, Physics of the Human Body, Springer-Verlag, 2007.

Dopolnilno gradivo:

- Fractals in Biology and Medicine, Eds: G.A. Losa, D. Merlini, T.F. Nonnenmacher, E.R. Weibel, Birkhäuser Verlag, 2005.
- D. J. Watts, Small Worlds: The Dynamics of Networks between Order and Randomness, Princeton University Press, 2003.
- S. Camazine, J.-L. Deneubourg, N. R. Franks, J. Sneyd, G. Theraulaz, E. Bonebeau, Self-Organization in Biological Systems, Princeton University Press, 2001.
- P. Back, How Nature Works, Springer Verlag, 1996.
- R. Heinrich, S. Schuster, The Regulation of Cellular Scystems. Chapman & Hall, 1996.

Cilji:

Na osnovi fizikalnih konceptov in zakonitosti ter biofizikalnih mehanizmov usvojiti razumevanje fizikalnih procesov v naravi in še posebej v človeškem organizmu. Spoznati povezavo teh konceptov z aplikacijami v diagnostičnih in terapevtskih metodah medicinske fizike. Doseči kompetence samostojne obravnave izbrane teme ter njene predstavitev svojim kolegom v seminarju v ustrezni pisni in ustni obliki.

Objectives:

On the basis of physical concepts and laws, as well as biophysical mechanisms understand physical processes in nature and in particular in the human body. These concepts should be linked with applications in advanced diagnostic methods and therapeutic methods of medical physics. To achieve competences of self-treatment of a selected topic and its presentation to their colleagues in a seminar in appropriate oral and written form.

Predvideni študijski rezultati:

Znanje in razumevanje:

Študentje usvojijo razumevanje različnih procesov v biologiji in fiziologiji na osnovi fizikalnih konceptov in zakonov ter biofizikalnih mehanizmov in modelov. Razumejo osnovne principe delovanja eksperimentalne opreme v diagnostiki in terapiji.

Prenesljive/ključne spremnosti in drugi atributi:

Študentje znajo uporabiti biofizikalne modele za obravnavo strukture in funkcije izbranih bioloških sistemov in primerov iz fiziologije človeka. Znajo samostojno raziskati izbran problem in ga predstaviti v pisni in ustni obliki v seminarju.

Metode poučevanja in učenja:

Predavanja

Seminar

Intended learning outcomes:

Knowledge and Understanding:

Students get understanding of various processes in biology and physiology based on concepts and laws in physics as well as on biophysical mechanisms and models. They understand the basic physical principles of experimental equipment in diagnostics and therapy.

Transferable/Key Skills and other attributes:

Students are able to use biophysical models for discussing structure and function of selected biological systems and cases in human physiology. They are able to explore the chosen problem and present it in oral and written form in the seminar.

Learning and teaching methods:

Lectures

Seminars

Seminar work.

Načini ocenjevanja:	Delež (v %) / weight (in %)	Assessment:
Seminar: Seminarska naloga (pisna). Ustna predstavitev seminarske naloge. ŠTUDIJSKE OBVEZNOSTI ŠTUDENTOV: Obvezna prisotnost na seminarjih. Izdelava pisne seminarske naloge. Ustna predstavitev seminarske naloge in diskusija. POGOJI ZA PRISTOP K POSAMEZNEMU PREVERJANJUZNANJA: Pravočasno oddana pisna seminarska naloga. Pravočasno oddana priprava na ustno predstavitev seminarske naloge.	50% 50%	Seminar: Seminar work (written). Oral presentation of the seminar work. ACADEMIC OBLIGATIONS OF STUDENTS: Compulsory participation at seminars. Seminar work written. Oral presentation of the seminar work with discussions. REQUIREMENTS FOR ACCESS TO INDIVIDUAL KNOWLEDGE CHECKING: Written seminar work which has to be submitted to the lecturer on time. Arrangements of the oral presentation discussed with the lecturer on time.
Reference nosilca / Lecturer's references: prof. dr. Marko MARHL		
ZMAZEK, Jan, GRUBELNIK, Vladimir, MARKOVIČ, Rene, MARHL, Marko . Modeling the amino acid effect on glucagon secretion from pancreatic alpha cells. <i>Metabolites</i> . 2022, vol. 12, iss. 4, str. 1-15, ilustr. ISSN 2218-1989. DOI: 10.3390/metabo12040348 . [COBISS.SI-ID 105003779]		
GRUBELNIK, Vladimir, ZMAZEK, Jan, ZAVRŠNIK, Matej, MARHL, Marko . Lipotoxicity in a vicious cycle of pancreatic beta cell exhaustion. <i>Biomedicines</i> . [Online ed.]. 2022, vol. 10, iss. 7, str. 1-16, ilustr. ISSN 2227-9059. https://www.mdpi.com/2227-9059/10/7/1627 , DOI: 10.3390/biomedicines10071627 . [COBISS.SI-ID 114930947]		
MARKOVIČ, Rene, ŠTERK, Marko, MARHL, Marko , PERC, Matjaž, GOSAK, Marko. Socio-demographic and health factors drive the epidemic progression and should guide vaccination strategies for best COVID-19 containment. <i>Results in physics</i> . 2021, vol. 26, str. 1-12. ISSN 2211-3797. DOI: 10.1016/j.rinp.2021.104433 . [COBISS.SI-ID 66892547]		
ŠTERK, Marko, KRIŽANIĆ BOMBEK, Lidija, SKELIN, Maša, RUPNIK, Marjan, MARHL, Marko , STOŽER, Andraž, GOSAK, Marko. NMDA receptor inhibition increases, synchronizes, and stabilizes the collective pancreatic beta cell activity : insights through multilayer network analysis. <i>PLoS computational biology</i> . [Print ed.]. May 2021, vol. 17, no. 5, str. 1-29. ISSN 1553-734X. DOI: 10.1371/journal.pcbi.1009002 . [COBISS.SI-ID 63055107]		
ZMAZEK, Jan, SKELIN, Maša, MARKOVIČ, Rene, DOLENŠEK, Jurij, MARHL, Marko , STOŽER, Andraž, GOSAK, Marko. Assessing different temporal scales of calcium dynamics in networks of beta cell populations. <i>Frontiers in physiology</i> . Mar. 2021, vol. 12, 16 str., ilustr. ISSN 1664-042X. DOI: 10.3389/fphys.2021.612233 . [COBISS.SI-ID 56986115]		