

CURRICULUM VITAE

PERSONAL DATA

Doc.dr. Zlatka Rakovec-Felser, specialist in clinical psychology;

- **1990:** Master's degree "Psychosocial stress in gynecologic malignancy and the ways of coping";
- **1997:** Doctor's thesis "Pain as a complex, bio-psycho-social phenomenon: a cognitive-behavioral model of physical pain";
- **2000:** Habilitation as an assistant professor in the field of Health (Medical) Psychology;
- **2004:** Re-hab. as an assistant professor in the field of Health (Medical) Psychology;

Lectures in the last academic year 2016/2017:

- Medical psychology at Medical faculty of the University of Maribor,
- Palliative care, the master degree study: Life events of loss and process of grief, College of Nursing in Celje.
- Anthropological and health psychology, the master's degree study, at Faculty of Health Sciences, Novo mesto.

PROFESSIONAL-ORGANIZATIONAL FIELD

I.

- 1974 to 2007, affiliation: General Hospital Maribor - University Medical Centre Maribor:

- 1974/1986 Department of Psychiatry,
- 1986/1994 Department of Neurology,
- 1994/2007 Clinic of Gynecology and Perinatology;
- **1989:** »Relaxation and life energy«, sound recording, cassette (Z.Rakovec-Felser, text, Bor Turel, music, Boris Kralj, voice. Maribor: Založba Obzorja, Helidon).
- **1991 – 1993:** project »A Friendly Hospital« in Network of Healthy Cities, WHO, Maribor - a healthy city as a model of a healthy practice.
- **1994 – 2007:** member of the editorial board of the internal newspaper "Naša bolnišnica«, General Hospital Maribor;

- **1998:** organizer of a meeting with international participations: »A Holistic approach to the patient. Patient as a biopsychosocial human being«, General Hospital Maribor; editor of Proceeding of symposium;
- **2000:** organizer of a meeting with international participations: »A Holistic approach to the patient - communication with patients and their relatives«, General Hospital Maribor; editor of Proceeding of symposium;
- **2000:** booklet: »Stress management and Optimism«, General Hospital Maribor;
- **2005:** booklet: co-authorship, »Guide for parents«, author dr. Silva Burja, General Hospital Maribor;
- **2008:** organizer of the symposium »Psychosocial aspects of health and illness«, Faculty of Medicine, University of Maribor, the Proceedings of symposium;

SCIENTIFIC-RESEARCH FIELD

II.

- **1988-1990:** "Anxiety and distress during the confrontation with malignant disease and coping processes ", research as a part of research program "Diagnostics, treatment and prevention of complications of malignancies."
- **1994/95:** "The signs and process of burnout in health care professionals", supported by the Health Insurance of Slovenia, final report, 1996.
- **2005/2006:** part of research "Bio-psycho-social model of quality of life".
- **2011/2012:** mentor of students' research for Dean' Awards of the Medical Faculty of the University of Maribor: »Professional burnout in the health care system«/ by students Rok Petrovčič in Nace Žgavec.
- **2014/2015:** mentor of students' research for Dean' Awards of the Medical Faculty of the University of Maribor: "Preparing the patients for a surgery and need for psychological interventions "/by students Marjanca Matvoz in Špela Planinc.
- **2016/2017:** mentor of students' research for Dean' Awards of the Medical Faculty of the University of Maribor: »Burnout occurrence among medical students in Maribor/by students Špela Planinc in Vid Žunko.

Scientific authorships and co- authorships:

- **1991:** »Anxiety and distress - as a trigger and as a result of disease«. Maribor: Založba Obzorja, monograph.

- **1997:** »Persönlichkeit, Streßverarbeitung bei Patientinnen mit Gynäkologischem Malignom«; Chapter. In Kropiunigg U und Stacher A, editors: Ganzheitsmedizin und Psychoneuroimmunologie. Facultas Universitätsverlag Wien, Proceedings of the symposium.
- **2009:** »The Psychology of physically ill persons. Need to understand and to be understood«. Maribor: Založba Pivec, monograph.
- **2013:** »Bio-psychosocial Model of Treatment of Chronic Ill: An Integrated Approach to Chronic Ill Persons«. Saarbrücken: AV Akademikerverlag, monograph.
- **2014:** »Motivation and Adherence in Management of Chronic Pain«; Chapter. In Lofland P, editor: »Adherence to Treatment in Clinical Practice. Public Health in the 21st Century«. New York: Nova Science Publishers, book.

PEDAGOGICAL FIELD

III.

- **1995:** Medical psychology, learning materials, College of Nursing, Maribor;
- **1997:** Health psychology, textbook, College of Nursing, Maribor;
- **2002:** Health Psychology, textbook, The Faculty of Health Sciences, Maribor.
- **2006:** »Psychosomatic approach in Gynecology and Perinatology«. Chapter. In Borko E and Takač I, editors: »Gynecology and Perinatology«. The Faculty of Health Sciences, Maribor.
- **1994 -2010:** Health psychology, educational program/ lectures at College of Nursing, Maribor, later at Faculty of Health Sciences of the University of Maribor.
- **from 2004 onwards:** Health Psychology, educational program/lectures, Head of the Department of Psychology, Faculty of Medicine, University of Maribor.
- 2010/2011:** Health Psychology, educational program/lectures, study of physiotherapy, at Alma Mater Europaea - European Center, Maribor.
- **2012-2014:** Health psychology, educational program/lectures, study of psychology at Faculty of Arts of the University of Maribor.
- **2012-2016:** Health and anthropological psychology, the master degree study program at Faculty of Health Sciences Novo mesto.
- **2017:** Life events of loss and process of grieving, the master degree study program, educational program/lectures at College of Nursing in Celje.

Membership in international organizations:

- **1993-1998:** Member of the Internationale Akademie für Ganzheitsmedizin, Wien, Austria;
- **2009-13:** National Delegate for Slovenia in the European Association of European Health Psychology Society (EHPS).
- **2013:** Editorial board member of Health Psychology Research Journal (SCIE, SSCI, A & HCI).

Acknowledgements:

- **1996:** The Office for Women's Policy, the Government of the Republic of Slovenia, for psychotherapeutic activity in the patients' groups "Quality of Life and Personal Growth".
- **2016:** The Faculty of Medicine, University of Maribor, for the special merits in the formation, development and reputation of the Faculty.

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